

August 2019



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
28	29	30	31	1 10am Group on "what animal do you identify with" 1:00pm Dog Show	2 Fun Friday "Pool Tournament, Wii Bowling Toumamnnet 1:00pm Parkway	3 closed
4	5 10am Healthy Habits w/ Ashley 12:00pm Movie "Little" @ Melrose Lib.	6 10am Mary H group 'what wd you change about yourself' 1pm YMCA	7 10am YMCA 1:00pm Visit Angels Assisi	8 10am Mary H group What is Criticism? 1pm Board Games, Cards	9 10:30am Smokey Bear's Melrose Library 1pm Electronic Day	10 10am Artisan Saturday Explore Park
11	12 10am Healthy habits w/ Ashley 1PM In House Movie	13 10am Mary H group How do you unwind? 1pm YMCA	14 10am Anger Mgmt 1pm YMCA	15 10am Mary H group What do you see as stress? 1pm Bowling	16 10am Fun Friday Scavenger Hunt on the market 1pm Music for the Soul	17 9am Breakfast Club Saturday
18	19 10am Healthy habits 1pm Bowling	20 10 Surprise group with Mary H 1pm YMCA	21 10am Peer Support 1pm YMCA	22 10am Surprise group with Mary H 1pm Goodwill	23 Fun Friday: Cici's Pizza, Valley View Mall, 5 Below (save money)	24 9am breakfast Club Saturday
25	26 10am Calendar Planning 1pm-2pm Power Hr	27 10am Surprise group with Mary H 1pm YMCA	28 11am Bingo at melrose library 1pm YMCA	29 10am Surprise group with Mary H 1pm Menu planning	30 Fun Friday: Valley View Grande.... Client must have attended PSR 15 days	31 10am Reflection Saturday
1	2	Aug 5th lunch at Melrose Library and Movie Aug 30th Valley View Grande movies: you must attend at least 15 days to qualify for this activity *Breakfast club will consist of making breakfast meals on Saturdays along with outings 28th we will pack lunch to carry with us				*On the